NUTRITION



KEY SKILLS

- Advocacy
- Analysis
- Assessment and Evaluation
- Communication
- Community Engagement
- Outreach and Organization
- Program Design
- **Problem Solving**
- Project Management
- Research



CONCENTRATIONS/SPECIALIZATIONS

- Business & Industry
- Clinical (Inpatient/Outpatient)
- Community Nutrition
- Culinary Medicine
- Food Systems
- Education & Counseling Sports Nutrition
- Epidemiology
- Global/International Nutrition
- Marketing & Communications



- Metabolism & Precision Nutrition
- Public Health

Health

- Policy



SAMPLE DEGREES

- Nutrition (BS)
- Public Health (MPH, PhD)
- Public Health Nutrition (MPH)
- Business Administration (MBA)
- Registered Dietitian Nutritionist (RDN)
- Nurse Practitioner (MSN)
- Physician Assistant (MPA)
- Doctor of Medicine (MD)



SAMPLE OCCUPATIONS

- · Clinical or Public Health Dietician
- Consultant
- **Culinary Medicine** Instructor
- Data Analyst
- Epidemiologist
- Food Systems Planner
- Food Policy Director
- Health Coach/Educator
- Personal Trainer

- Program Specialist
- Policy Analyst
- Rehabilitation & Wellness Director
- Weight Management **Specialist**
- Worksite Wellness Instructor



POSSIBLE WORK SETTINGS

- Academic &
- Clinics
- Consulting Firm
- Corporate Wellness Program
- Fitness/Wellness Center
- Hospital

- Government Research Local Health Department
- Community & Medical & Scientific Sales
 - Nonprofit/Non-Governmental Organization
 - · Outpatient/Inpatient Rehabilitation Centers
 - Professional Medical Foundation



SAMPLE STUDENT ORGS

- · Food Recovery Network
- Help For All
- Students for One Health
- The GroW Community
- The GWU Pre-Health Association



PROFESSIONAL ORGS

- Academy of Nutrition and Dietetics (AND)
- American Public Health Association (APHA)
- American Society for Nutrition (ASN)
- Society for Nutrition Education and Behavior (SNEB)



SAMPLE EMPLOYERS

- · American Red Cross
- Center on Aging, Health, & Humanities
- Centers for Disease Control & Prevention (CDC)
- Children's National Medical Center
- Community of Hope
- DC Department of Health
- DC Public Schools
- Diabetes Institute at Walter Reed National Military Medical •
- **Evolent Health**
- (FDA)
- Institute for Food & Development Policy (Food First)
- Massachusetts General Hospital

- · National Institutes of Health
- No Kid Hungry
- · Pan American Health Organization
- Prosperity Eating Disorder and Wellness Center
- Pu'u O Hoku Ranch in Hawaii
- Rudd Center for Food Policy & Obesity
- The George Washington University Hospital
- **UN Food & Agriculture** Organization
- Duke University Health System U.S. Department of Agriculture
 - Food and Drug Administration U.S. Department of Veterans'
 - World Health Organization

