

### Career Quest Boston

CQ Boston was an insightful opportunity for many students and myself to learn about life after college and what occurs behind several occupations. I was able to see how students implement the skills they learned in college and not even the skills in their major, but also life skills on how to find the job which suits their passion. The work-life balance was also a major aspect which was addressed in career quest in that fitting in and adjusting to a new city and work environment was important in how a young adult performed at work.

An essential lesson from this trip is that a major or track of study does not necessarily dictate where or how a person works. Where a person works is really up to them and their choices are not limited to their college major. During this trip, we got to tour six sites, Raytheon, Google, Dana Farber Cancer Institute, Skyword, Wellington Management and the Mayor's Office of Boston. There was a Q & A session at the end of each tour, if not, during each tour. Raytheon and Google were the most relevant companies to me in my opinion because they suit my engineering background; I learned how I could implement my research in what these companies strive for. Besides this, I gained useful connections through GW alumni at each company and at the alumni event which was coincidentally hosted during our stay.

Being able to visit these companies and tour the workplace allowed me to understand how a general work environment is, especially when college is over. I am glad I was able to gain this useful experience especially since I was given advice on life and how to navigate my path after college and even during college to prepare for my transition.